

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-4:30pm Basketball	5:30am-9:00am Basketball	5:30am-4:30pm Basketball	5:30am-9:00am Basketball	5:30am-8:30am 10:15am-9:00pm Basketball	7:00am-10:00am Pickle-Ball	1:00pm-3:00pm Badminton
6:00am-7:00am Get Fit		6:00am-6:30am Core Camp			8:30am-9:30am Body Conditioning	3:00pm-5:00pm Basketball
9:00am-11:00am Pickle-Ball	9:00am-11:00am Pickle-Ball		9:00am-10:00am Pickle-Ball		10:00am-6:00pm Table Tennis* (Activity Room)	1:00pm-5:00pm Table Tennis* (Activity Room)
	9:00am-10:00am Zumba		9:00am-11:00am Zumba		10:00am-1:45 pm Basketball Games	
	10:00am-4:30pm Basketball		10:00am-4:30pm Basketball		2:00pm-5:45pm Children's Day	
	4:00pm-6:45pm Pickle-Ball		4:00pm-6:45pm Pickle-Ball			
5:00pm-6:00pm Kettle Burn Blast	5:15pm-6:00pm Total Fit	5:00pm-6:00pm Bootcamp	5:15pm-6:00pm Total Fit	6:30pm-8:30pm Table Tennis (Activity Room)		
7:00pm-8:45pm Basketball	6:00pm-8:30pm Table Tennis (Activity Room)	6:00pm-7:00pm Zumba	6:30pm-8:30pm Table Tennis (Activity Room)			
	7:00pm-8:45pm Badminton	7:00pm-8:45pm Basketball	7:00pm-8:45pm Badminton	7:00pm-8:45pm Basketball		

Gymnasium Schedule
 JIM DAILEY FITNESS & AQUATIC CENTER

Classes with more than 20 participants will be conducted in the gym. Schedule can be found online at www.lrpr.org or call us at 664-6976. *Please check schedule for Pool Parties