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The Commission for Accreditation of Park and Recreation Agencies (CAPRA) recognizes park and recreation agencies for excellence in operation and service. Each agency is charged with providing high quality services and experiences, park and recreation agencies across the United States turn to CAPRA Accreditation as a credible and efficient means of achieving these goals, while providing assurance to the public that the agency meets national standards of best practice. CAPRA accredits departments and agencies that provide park and recreation programs and services.

There are currently 112 accredited park and recreation agencies in the United States.

Little Rock Parks and Recreation is the only agency in the state to successfully achieve national accreditation.
GENERAL INFORMATION

Little Rock Parks & Recreation has a number of community and recreation center in the capital city, with designs underway to add an additional site. Each center has a rich heritage and is strategically located to reach youth, adult and senior residents of Little Rock. Each center contributes to the mission of Little Rock Parks & Recreation which is to provide the citizens and visitors of Little Rock accessible recreational program opportunities, experiences and activities which promote active living, health and wellness, socialization, self-esteem, growth and achievement.

ONLINE REGISTRATION
OnlineSignup.org manages the registration aspects of community center programs. Patrons are afforded the opportunity to use credit cards as a payment option for registration fees.

SOCIAL MEDIA
Follow us for updates, photos and more information.
Visit our website www.lrpr.org
Follow us on Facebook www.facebook.com/lrparksrec
Follow us on Twitter www.twitter.com/lrprarksrec

VOLUNTEERS NEEDED
Volunteer at our community centers as a Coach or Instructor. Contact one of our community centers today for more information.
Required steps to volunteer:
- Completed Application
- Complete Background Form and Clearance
Dunbar Community Center
1001 West 16th
Little Rock, AR 72202
(501) 376-1084
Est. October, 1954
www.lrpr.org

Dunbar Community Center recently celebrated 60 years of rich history. As a fixture in the community, Dunbar offers several programs, special events and activities for adults and children.

Dunbar Community Center amenities include gymnasium floor, weight room, game room, classrooms, Banquet Hall, full service kitchen, computer lab and multi-purpose rooms.

The rich heritage of the athletic programs continues with the Men’s Summer Basketball League, Raider Youth Football, Youth Hawks T-Ball, Softball and Basketball programs.

**Facility Supervisor**
Sedric Mayfield

**Receptionist**
Cheryl Banks
Barbara Caffey

**Recreation Programmers**
Carol Bealer
Rochelle Burton
Jeffrey Calaham

**Other Staff**
Activity Aides
Program Coaches
Playground Aides

**Maintenance**
James Bowens
Doc Sampson

**Senior Program Staff**
Kathy Duncan
Daisy McBeth
Freddie Smith

**Activity Supervisor**
Charles Baird
Southwest Community Center
6401 Baseline Road
Little Rock, AR 72209
(501) 918-3975
Est. June, 1994
www.lrpr.org

Southwest Community Center is centrally located between the Southwest Police precinct and the Dee Brown Library. The community center is a viable asset to the Southwest Little Rock community and offers several programs and activities.

The center amenities include basketball courts, a fitness area, swimming pool that includes two diving boards and kiddie wade pool, open ball fields for soccer, football and other outdoor activities, multi-purpose rooms, Banquet Hall, kitchenette, game room, classroom, Aerobics Room and an outdoor playground. Near the playground is a walking trail that community residents use for exercise to walk from each facility within the complex.

**Facility Supervisor**
Michael Harris

**Receptionist**
Charlotte Hampton
Brenda Stenhouse

**Recreation Programmers**
Ray Kimbrough
Carey Smith
Charles Thomas

**Other Staff**
Activity Aides
Program Coaches
Playground Aides

**Maintenance**
Robert Ford
David Surratt

**Senior Program Staff**
Michelle Martindale
Bonita Porter

**Activity Supervisor**
John Peterson
The Stephens Community Center is a valuable feature of the adjoining Stephens Elementary School. The community center has a gymnasium and two multi-purpose classrooms and a kitchen area.

Stephens serves residents of the community and other Little Rock communities with numerous programs including an afterschool program, summer program, instructional and athletic programs for youth and adults.

**Facility Supervisor**  
Sue Matheny

**Recreation Programmers**  
Linda Bealer  
Jeffrey Lacey

**Maintenance**  
Melvin Collins

**Activity Supervisor**  
Ivan Stephens

**Receptionist**  
Andreia Crawford  
Lucille Spivey

**Other Staff**  
Activity Aides  
Program Coaches  
Playground Aides
The community center is located in the East End of Little Rock within the Nathaniel Hill Community Complex along with the East Little Rock Senior Center, St. Vincent East Health/Dental Clinic, and the UAMS Head Start East program.

The complex contains approximately 29,000 square feet of building space surrounded by 26 acres of open space with lighted ball fields, 3 tennis courts, swimming pool, 2 playgrounds, picnic areas and basketball courts.

The East Little Rock Community Center currently is a service provider for various agencies, serves as a location for Little Rock Parks and Recreation special programs and events, youth athletics training location, and athletics home to independent and public schools and/or organizations.

**Facility Supervisor**
Karen Johnson

**Senior Program Staff**
Theresa Cole
Mary Rogers
Evelyn Tenpenny
John Thomas
Our facility rentals come with tables and chairs at no extra cost. Projection screens and televisions are available at select facilities.

In addition to Banquet Halls each of our 3 community centers offers small rooms for small meetings and other intimate settings.

Little Rock Parks and Recreation community centers currently have 2 facilities with Banquet Halls available for rentals. Dunbar Community Center is ideally located near downtown Little Rock and Southwest Community Center is in the heart of Southwest Little Rock. Our facilities are perfect for intimate settings or accommodations up to 150 guests.

Both locations are ideal to host your special events in a warm friendly atmosphere. Schedule your business, family, or church event including reunions, baby showers, anniversaries, weddings and receptions, church dinners, business meetings, corporate celebrations, luncheons, parties and much more.
KITCHEN RENTAL
Dunbar Community Center also has a fully equipped, stainless steel commercial kitchen available for rental. The kitchen is available for actual cooking for licensed and insured caterers or solely to stage out food services (ice maker, warmers, sinks, microwave and refrigerator).

By choosing our facilities you may rent our kitchen and have the option of using your own affordable caterer for your event.

RESERVATION POLICIES
- A contractual agreement required for each reservation with identification.

- Reservations must be paid in full at least two weeks in advance of requested date.

- All reservations must end with facilities cleaned no later than midnight.

- No alcohol allowed on Little Rock Parks and Recreation premises.

- Additional policies are in contractual agreement.

Kitchen Reservation
- Deposit $50.00
- Rental Fee $50.00
2015 Program Dates

First Session: January 6 – June 4
Second Session: August 17 – December 18
Latchkey Hours: 2:30pm – 6:00pm
Registration: $25.00 monthly per child
Must be at least 6 years of age
All fees due in full per session upon registration.

The Latchkey Afterschool program at each community center offers parents an affordable program that provides structured activities, staff supervision, homework time, athletics, recreational activities, meals and snack time.

Latchkey also provides an opportunity for registered participants to attend the community center on non-school Little Rock School District calendar days.

Afterschool Programs: Making a Difference in America's Communities by Improving Academic Achievement, Keeping Kids Safe and Helping Working Families

A 2010 Afterschool Alliance election eve poll found that more than half (52 percent) of likely voters agree that afterschool, before-school and summer learning programs are the best way to expand learning opportunities for students in order to help them do better in school, motivate them to stay on track and prepare them for the future. Afterschool programs are serving a high need population. Parents express a strong need for afterschool programs and feel hopeful that these programs will improve their children’s life chances.
Afterschool Programs Information
Register for only $10.00 per month for instructional classes at any community center.
Check online at www.lrpr.org for class dates and times.
All classes are taught by instructors with experience, training and/or certification.

Dunbar Community Center Afterschool Programs
GYMNASTICS
COOKING CLASS

Southwest Community Center Afterschool Programs
GYMNASTICS
KARATE
HIP HOP DANCE
YOUTH ATHLETICS

Stephens Community Center Afterschool Programs
KARATE
YOUTH ATHLETICS
Athletics for youth ages 6 – 15 is an intricate part of our community centers. It is our goal to provide various recreational athletic programs to youth in Central Arkansas.

Our leagues promote recreation, sportsmanship, fun, parental involvement, competition and the basic foundation for learning how to play various sports.

Registration
To register for any of our programs patrons may sign up at any of our community centers with required information. Registration with community center teams includes uniform. Online registration also available.

Requirements:
Birth Certificate, Registration Form and Registration Fee

Athletic Programs:
- Baseball ($10)
- Basketball ($20)
- Cheerleading ($10)
- Football ($20)
- Kickball ($10)
- Soccer ($10)
- Softball ($10)
- T-Ball ($10)
- Track ($10)
- Volleyball ($10)
Spring Sports Programs

Soccer – Primarily devoted to the enjoyment and development of soccer players, we provide an opportunity for participants to have fun, learn the sport and develop life skills. We are dedicated to helping players reach their full potential while fostering a love of the game. Instructional clinics for both coaches and players are included in registration.

Track & Field – The program is designed to expose participants to the basic foundation of an active life: physical fitness, running, jumping and throwing. Participants will compete in a series of track meets and earn an opportunity to participate in the Hershey’s Track and Field Championship Track Meet.

Junior Hoops – This competitive basketball league is open to Middle School and High School basketball players. The league allows participants to play with their competitive clubs, friends from other teams and lengthen their basketball seasons with a Tournament Champion crowned at season end.

Baseball – An emphasis is placed on fun, teaching of basic skills and fundamentals, team concept and sportsmanship. League play may vary at each community center and additional fees may be required. Instructional clinics for both coaches and players are included in registration.

Registration Opens February 2, 2015
Once you have decided on which community center you would like to register with, you can complete the registration process using one of two methods:

1. Register on site at your selected center during their hours of operation.
2. Click on the “Register Online” logo on the [www.lrpr.org](http://www.lrpr.org) website. You can begin registering for programs after setting up a user account.

Season Kick-Off April, 2015
League schedules with dates, times and locations will be released in April.
2015 YOUTH SUMMER ATHLETICS

Summer Sports Programs

Intramural Kickball – Participants enrolled in community centers Latchkey programs will have the opportunity to compete in the LRPR Kickball Intramural League. Community centers will host home games with invitations extended to other facilities.

Season Kick Off
May, 2015

Girls Fast Pitch Softball – It is our goal to provide girls an opportunity to learn the nation’s fastest growing arena of softball. Participants and coaches will have the opportunity to participate in clinics to learn the fundamentals of fast pitch softball.

Boys Pitching Machine Baseball – It is our goal to provide an introduction to baseball. Participants will learn the basic concepts of the game while being introduced to the pitching machine.

Tee-Ball – The program is designed to introduce our youngest participants to the Tee-Ball game. The fundamental development focus will focus on hitting, throwing, fielding, batting, and base running.

Late Night Softball – It is our goal to provide a fun, challenging league for teens affiliated with YIP, Church and other organized groups to play softball.

Registration Opens April 6, 2015
Once you have decided on which community center you would like to register with, you can complete the registration process using one of two methods:
3. Register on site at your selected center during their hours of operation.
4. Click on the “Register Online” logo on the www.lrpr.org website. You can begin registering for programs after setting up a user account.

Season Kick-Off June, 2015
League schedules with dates, times and locations will be released in June.
Fall Sports Programs

**Cheerleading** – Participants are taught basic fundamentals of cheer including spirit cheers, jumps, tumbling and given the opportunity to cheer at football games. Youth participate in practices and may have the opportunity to compete in cheer competitions.

**Football** – We provide every participant an opportunity to play in a competitive, recreational league with emphasis on safety, fundamental instruction on tackling, running, catching, offense and defense. Participants and coaches will have the opportunity to participate in camps and clinics to assist with game preparation.

**Volleyball** – Youth are given the opportunity to play in one of two divisions in preparation for next level play. The fundamental development focus will be placed on bumping, serving, offense and defense.

**Registration Opens May 1, 2015**

Once you have decided on which community center you would like to register with, you can complete the registration process using one of two methods:

5. Register on site at your selected center during their hours of operation.
6. Click on the “Register Online” logo on the [www.lrpr.org](http://www.lrpr.org) website. You can begin registering for programs after setting up a user account.

**Season Kick-Off September, 2015**

League schedules with dates, times and locations will be released in September.
Winter Sports Program

Basketball – Participants are taught basic fundamentals of basketball including shooting, passing, dribbling, offense and defense. The league is open to community center, church and independent teams.

League Divisions:
Start Smart (ages 3 & 4)
Small Ball Kindergarten & First Grade
Little Hoopers Second and Third Grade Boys
Little Ballers Second and Third Grade Girls
JR NBA Fourth and Fifth Grade Boys
JR WNBA Fourth and Fifth Grade Boys

Registration Opens October 1, 2015
Once you have decided on which community center you would like to register with, you can complete the registration process using one of two methods:
7. Register on site at your selected center during their hours of operation.
8. Click on the “Register Online” logo on the www.lrpr.org website. You can begin registering for programs after setting up a user account.

Season Kick-Off December, 2015
League schedules with dates, times and locations will be released in September.
LRPR INVOLVED IN NATIONAL PROGRAMS

HERSHEY’S TRACK & FIELD
NFL PUNT, PASS & KICK
MLB PITCH, HIT & RUN

CAMPS, CLINICS, SKILLS AND DRILLS

Youth Football Camps
Basketball Skill and Drills
Volleyball Clinics
Fast Pitch Softball Clinics

NON-TRADITIONAL ACTIVITIES & PROGRAMS

Running Club
Tennis Program
Golf Activities
Bowling Activities
Red Zone Challenge
All-Star Day
Summer Playground Program

Dunbar Community Center and Stephens Community Center in addition to select other locations host an 8-week Summer Playground Program for registered participants.

Program Dates: June 8 – July 30
Program Cost: $90.00 one child $25.00 for each additional child

Summer Teen Camp Program

Teens are offered an opportunity to participate in our 8-week Summer Teen Camp program at a select location TBD. Emphasis is placed on activities for teens and ‘tweens to participate in activities with their peers.

Program Dates: June 8 – July 30
Program Cost: $90.00 one child and $25.00 for each additional child

Summer Laureate Program

Southwest Community Center hosts our 6-week Summer Laureate Program for registered participants.

Program Dates: June 15 – July 26
Program Cost: $90.00 one child and $25.00 for each additional child

Each program’s objective is to provide children a rewarding, enjoyable and safe supervised summer while providing organized and worthwhile recreational activities. We offer a wide range of on-site and field trips. Breakfast and lunch is provided. Online registration.
2015

WINTER EVENTS
Sweetheart Dance
Breakfast with Santa

SPRING EVENTS
Spring Break Blast Week include “Fun Day” and “Take It Outside”
Latchkey Graduations
End of School Year Parties

SUMMER EVENTS
Summer Bash Week include Talent Show at Riverfront Amphitheatre

FALL EVENTS
Halloween Bash
Fall Festival
Lights ON Afterschool Showcase

Year Round ‘Happenings
Field Trips, Teen Night, Game Tournaments, Video Challenges
Little Rock Parks and Recreation

ADULT PROGRAMMING 2015
Instructional Classes
Athletic Leagues
Adult Healthy Living
Recreational Basketball
Walk for Health
Step Up to Health
Aging and Active Programs
ADULT ATHLETICS PROGRAMS
Little Rock Parks and Recreation recognizes the importance of adult recreation to enhance quality of life. Our community centers provide recreational athletic programs to assist adults who enjoy fun competition, exercise and a stress reliever. Our leagues promote recreation, sportsmanship, family involvement, and fun competition.

Registration
To register for any of our Adult Leagues patrons may sign up at any of our community centers with required information.

Requirements:
Team Roster Form, Registration Form and Registration Fee

ADULT BASKETBALL LEAGUES
Stephens Community Center
30 & Over Men’s League
40 & Over Men’s League
Registration opens March 1 – Fee $250.00 per team

Dunbar Community Center
Men’s Summer League
Registration opens May 1 – Fee $475.00 per team

Southwest Community Center
Fall Open Men’s League
Fall Open Women’s League
Registration opens August 3 – Fee $250.00 per team

ADULT VOLLEYBALL LEAGUES
Southwest Community Center
Open Women’s, Men’s and Co-Ed League
Registration opens February 9 – Fee $225.00 per team

Dunbar Community Center
Church Co-Ed League
Registration opens August 1 – Fee $225.00 per team
**ADULT INSTRUCTIONAL CLASSES**

Little Rock Parks and Recreation recognizes the importance of adult recreation to enhance quality of life.

Our community centers provide recreational instructional classes to assist adults who enjoy social interaction, light exercise and fun.

**Registration**

To register for any of our Adult Instructional Classes patrons must obtain a daily or monthly membership.

**Membership Fees Adult Ages 16 - 54:**

$3.00 per day or $25.00 per month

**Senior Membership Fees Ages 55+**

$2.00 per day or $12.00 per month

Includes participation in classes offered, gym accessibility during open recreation gym times for basketball or walking and weight room.

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**Dunbar Community Center**

**Boot Camp**

*Registration opens January 2*

*Classes offered Tuesday and Thursday*

6:00pm – 7:00pm

**Dance Class**

*Registration opens January 2*

*Classes offered Monday’s*

6:00pm – 8:00pm

**Aerobics – Zumba – Computer Classes**

*Coming Soon*
Southwest Community Center
Aerobics
Registration opens January 2
Monday – Friday
Classes offered Monday – Friday
5:30pm – 6:30pm

Boot Camp
Registration opens January 2
Classes offered Saturday’s
8:00am – 10:00am

Diverscise
Registration opens January 2
Classes offered Saturday’s
8:00am – 10:00am

Senior Aerobics
Registration opens January 2
Classes offered Saturday’s
8:00am – 10:00am

Zumba
Registration opens January 2
Classes offered Saturday’s
8:00am – 10:00am

Coming soon Salsa and Learn Espanola/English
Walking is a great way to improve or maintain your overall health. Just 30 minutes every day can increase cardiovascular fitness, strengthen bones, reduce excess body fat, and boost muscle power and endurance. It can reduce your risk of developing conditions such as heart disease, type 2-Diabetes, osteoporosis and some cancers. Unlike some other forms of exercise, walking is doesn’t require any special equipment or training.

Our community centers are available for members for walking indoors at each of our facilities. We encourage walking at our open gymnasiums during non-scheduled activity times. Members are encouraged to walk alone or bring friends for walking laps weekly.

**Dunbar Community Center**
- **Monday**
  - 9:00am – 11:00am
  - 1:00pm – 3:00pm
- **Tuesday – Friday**
  - 7:30am – 11:30am

**Southwest Community Center**
- **Monday – Friday**
  - 6:30am – 9:00am

**Stephens Community Center**
- **Monday – Friday**
  - 8:00am – 10:00am
  - 1:00pm – 3:00pm
The advantage of a smaller, local community center Fitness Area/Weight Room is we can offer lower fees with no enrollment fees and great equipment available for use. Little Rock Parks and Recreation equipped Dunbar Community Center and Southwest Community Center with new equipment in 2013. The equipment ranges from a sea of cardiovascular equipment at the gym – rows of treadmills, elliptical machines, stair steppers, stationary bikes, and more. Also, smaller gyms can have fewer members. What this means is that you have better availability for the fitness equipment. For the personal touch, the staff at our community centers is better able to get to know you and vice versa. Join one of our gyms today and improve your health.

Enjoy recreational basketball? Fun competition with friends, no league play, open to men and women who want to exercise at each facility. Membership required at each facility. Times vary at each location.
Little Rock Parks and Recreation offers a variety of recreational programs and activities for persons 55 years of age and older. Activities provide opportunities for active senior adults to use their leisure time to travel, pursue old hobbies and learn new ones, increase their knowledge, socialize with old friends or meet new ones, become physically fit and much more. For that extra time you have, the Aging & Active Program has a lot to offer. Get up and go!

**CHECK OUT THE GREAT PROGRAMS AT OUR SENIOR ACTIVITY CENTERS**

**Dunbar Senior Activity Center**  
501.374.4817  
Tuesday – Friday  
8:30am – 1:00pm

**East Little Rock Senior Activity Center**  
501.375.9132  
Tuesday – Friday  
8:30am – 1:00pm

**Southwest Senior Activity Center**  
501.918.3975  
Monday - Friday  
8:30am – 1:00pm

**Stephens Senior Activity Center**  
501.603.9974  
Tuesday – Friday  
8:30am – 1:00pm
COMMUNITY CENTER
POLICIES AND PROCEDURES

It is our goal is to ensure the safety of each participant and of our facilities; therefore it is important to us that our participants work with our staff to ensure our Policies and Procedures are followed consistently by each facility participant. We appreciate your support while following all facility general rules and regulations.

GENERAL FACILITY RULES

- No unsportsmanlike conduct allowed in facility, programs, or playground.
- No horseplay or fighting in building or on facility grounds.
- Participants must have a membership to utilize facility equipment and programs.
- Youth members may participate in activities at scheduled times. Youth memberships are not privileged access during school hours of the Little Rock School District.
- No drugs or alcohol is permitted in or around the facility.
- No profanity or loud prolonged noises acceptable in the building.
- Everyone entering facility must sign in at Receptionist Desk.
- Our facility does not allow general public use of our facilities for services and guidelines not listed in the facility brochure.
- No firearms or fireworks allowed in the facility or within 25 feet of the building.

PARTICIPANT DISCIPLINARY POLICIES

- Participants violating rules may be asked to leave or reprimanded by Facility Manager.
- Participants who disrespect staff (use of profanity or refusal to follow instructions which violate policies) will be given a reprimand.
- Participants cannot be suspended from programs unless approved by Facility Manager.
- A participant is defined as anyone who enters the facility, enroll in a program, or purchase a membership.
- Participants must follow all program guidelines will enrolled in a program on-site and away from the facility.
- Disciplinary procedures may include warning, written reprimand, verbal reprimand, suspension, or expulsion from the facility.
City of Little Rock

Mission Statement

Little Rock’s vision is to be a leading city of the 21st Century by providing a safe and supportive environment that empowers its citizens, neighborhoods, and businesses to develop and prosper.

City of Little Rock Board of Directors

Mayor Mark Stodola
Vice Mayor Doris Wright
Ward 6

Director Erma Hendrix
Ward One

Director Ken Richardson
Ward 2

Director Stacy Hurst
Ward 3

Director Brad Cazort
Ward 4

Director Lance Hines
Ward 5

Director B.J. (Brenda) Wyrick
Ward 7

Director Dr. Dean Kumpuris
Position 8, At-Large

Director Gene Fortson
Position 9, At-Large

Director Joan Adcock
Position 10, At-Large

City Manager Bruce Moore

Assistant City Manager James Jones