

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-9:00pm Basketball	9:00am-11:00am Pickle-Ball	5:30am-9:00pm Basketball	9:00am-11:00am Pickle-Ball	5:30am-7:00am Basketball	7:00am-1:45 pm Basketball	1:00pm-5:00pm Basketball No Games
6:00am-7:00am Step Aerobics		6:00am-7:00am Step Aerobics		6:00am-7:00am Step Aerobics	7:00am-9:30am Pickle-Ball	1:00pm-4:00pm Badminton
9:00am-11:00am Pickle-Ball	9:00am-10:00am Zumba		9:00am-10:00am Zumba		2:00pm-5:45pm Children's Day	
	11:00am-4:00pm Basketball		11:00am-4:00pm Basketball	11:00am-9:00pm Basketball		
	4:00pm-6:45pm Pickle-Ball		4:00pm-6:45pm Pickle-Ball			
	4:30pm-5:00pm C.R.T.		4:30pm-5:00pm C.R.T.			
5:15pm-6:00pm Boot Camp	5:15pm-6:00pm Body Conditioning	5:15pm-6:00pm Boot Camp	5:15pm-6:00pm Body Conditioning			
6:00pm-7:00pm Step Aerobics	6:00pm-7:00pm Step & Weight/Combo	6:00pm-7:00pm Zumba	6:00pm-7:00pm Hooping Step/Combo			
7:00pm-8:50pm Basketball Games	7:00pm-9:00pm Badminton	7:00pm-8:50pm Basketball Games	7:00pm-9:00pm Badminton	7:00pm-8:50pm Basketball Games		



Gymnasium Schedule

JIM DAILEY FITNESS & AQUATIC CENTER
Effective February 1, 2014

Classes/ instructors are subject to change. Classes with more than 20 participants will be conducted in the gym. Schedule can be found online at www.lrpr.org.