

*CBI and  
Special Education Teachers*



## Step up to Health!

**YOU MUST SIGN YOUR CLASS UP BY NOVEMBER 16<sup>TH</sup>**

Your class can participate in Little Rock Parks and Recreation's Therapeutic Recreation *Little Rockers* Walking program which is a part of the ***Little Rock Marathon!*** The goal is for each child to complete at least **25.2 miles by February 22<sup>nd</sup>, 2013. *That's only about 1 mile a week! The Final Mile is a one-mile, un-timed, non-competitive fun Walk /Roll and will NOT take place on the day of the actual marathon race. See information in the brochure.***

Name of School: \_\_\_\_\_ Name of Teacher: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Number of students: \_\_\_\_\_ E-mail: \_\_\_\_\_ Phone: \_\_\_\_\_

**Cost:** \$10.00 per student which includes a T-shirt and Medal.  
You will be mailed registration forms for each child and will pay at that time. Do not send money now.  
\* The child must be present to receive the shirt/ medal.

### **Return to:**

Little Rock Parks and Recreation  
Therapeutic Recreation Division  
7201 Dahlia Drive  
Little Rock, AR 72209  
Fax: 501-570-1139