



Get 3 visits for lower back pain at no cost to you—with a network physical therapist or chiropractor.*

With your first 3 visits to a network physical therapist or chiropractor at \$0 out-of-pocket cost, now's a great time to take care of that new low back pain. Schedule an appointment today and get back to doing what you love.

The benefits of back care.



Reduce pain.

Early treatment may provide pain relief and help prevent chronic pain down the road.



Pay \$0.

Your first 3 back care visits are covered at \$0 out-of-pocket with a network physical therapist or chiropractor.*



Visit myuhc.com[®] or call the number on your health plan ID card to get connected with a network provider.



*Members must have physical therapy or chiropractic benefits, with remaining visits in the plan year (i.e. these benefits do not extend the member's physical therapy or chiropractic benefit maximum). A copay will not apply to services provided during the first 3 visits for new low back pain with a network physical therapist or chiropractor, as long as the plan limit has not been reached. In deductible plans there may be out of pocket costs for services like x-rays or durable medical equipment, but there may not be out of pocket costs for services like spinal manipulation, exercise instruction and other therapies. After the first 3 visits with a network physical therapist or chiropractor for new low back pain, any subsequent visits with any network or out of network physical therapist or chiropractor will be subject to deductibles, copays and coinsurance. Check your plan benefits for additional detail or call the number on your health plan ID card.

For help in determining whether to see a chiropractor or physical therapist call the number on your health plan ID card.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates.

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