

ANNUAL PREVENTATIVE CARE EXAM FORM



Exam will not be documented if not submitted to the contact information below!

Please return this form to:

City of Little Rock

Risk Management & Wellness Div.

500 W. Markham Suite 130W Little Rock, Arkansas 72201

Fax: (501) 371-4670

Email: hrbenefits@littlerock.gov

Member Name: _____

Employee #: _____

Employer: City of Little Rock

The referenced member above completed an Annual Preventative Care Exam on (mm/dd/yyyy) _____

Physician's/Nurse/Pharmacist Name and Office Location/City Event:

Physician's/Nurse/Pharmacist Signature: _____ Date: _____

I (_____) have completed the City on The Move Annual Preventative Care Exam.

Employee's Signature: _____ Date: _____

As a participant in the City of Little Rock's City on The Move Wellness Program, I am required to have an Annual Preventative Care Exam. The Annual Preventative Care Exam has to be completed between January 1, 2023 and December 16, 2023.

Why do a Preventative Care Exam?

In 2023, the premium for all plans will be \$50 less a month if you have completed your annual wellness exam in 2022 and turned your form in to Human Resources. If you get the wellness exam you save \$600 a year.

What is considered a Preventative Care Exam?

- Annual check-up (1 per year) (Billing Code: G0438)
- Mammogram (1 per year; age 40 +) (Billing Code: 77067)
- Colonoscopy (1 per every 10 years, age 50+) (Firefighters are exempt from age limit) (Billing Code: 45378)
- Vaccinations
 - Shingles (Billing Code: 90733)
 - Hep A (Billing Code: 90633)
 - Hep B (Billing Code: 86704)
 - HPV (Billing Code: 90647)
 - Flu Shot (Billing Code: 90653)
 - MMR (Billing Code: 90707)
- Screenings
 - Colon Cancer (Billing Code: Stool 82270)
 - Blood Pressure
 - Diabetes (Billing Code: 0403T)
 - Cholesterol (Billing Code:82465)
 - Syphilis (Billing Code: 86593)