

CENTRAL ARKANSAS HOMELESS SUPPORT GUIDE

SHELTERS	SPECIAL REQUIREMENTS	CATEGORIES							ADDRESS	CONTACT INFORMATION		
		MEN	WOMEN	YOUTH	VETERANS	REENTRY	RECOVERY	DOMESTIC VIOLENCE			DAY SHELTER	EMERGENCY
Abba House	Women and girls or boys up to the age of 5	●	●	●	●	●	●	●	●	●	1014 S Oak St Women: 4210 Asher Ave Men: 3618 W Roosevelt Rd	501-663-3596 501-296-9114
Compassion Center	Beds are first come, first served; must be physically and mentally able	●	●	●	●	●	●	●	●	●	222 E 8th St	lcompassioncenter.org 501-372-0733
Family Promise <small>(Under construction, call for updates)</small>	Serving households with minors; recovery with a negative drug test or physical disability	●	●	●	●	●	●	●	●	●	1702 Gaines St	familypromisepc.org 501-376-4015
Gaines House	Must have a mental health diagnosis or physical disability	●	●	●	●	●	●	●	●	●	8101 Frenchmans Ln	thegaineshouse.org 501-568-1682
GYST House, Inc.	Chemical free; self pay fees	●	●	●	●	●	●	●	●	●	5300 Asher Ave	gysthouseinc.com 501-404-9890
Immerse Arkansas	Serves youth 18 - 24 who work or are in school; youth 14+ can use day center	●	●	●	●	●	●	●	●	●	307 W 7th St; Mon - Fri, 11a - 5p	immersearkansas.org 501-508-5005
Lucie's Place Drop In Center	Essential services for LGBTQ+ ages 18 - 25	●	●	●	●	●	●	●	●	●	302 E Roosevelt Rd	luciesplace.org 501-374-7383
Our House	Must be willing and able to work; Career Center open to community	●	●	●	●	●	●	●	●	●	1111 W Markham St	ourhouseshelter.org 501-374-9296
Salvation Army	Shelter for women & families; community meals available	●	●	●	●	●	●	●	●	●	2701 S Elm Street	salvationarmyusa.org 501-664-5036
St. Francis House	For veterans; long-term available	●	●	●	●	●	●	●	●	●	Call for more information wcrkanssas.org	stfranchishouse.org Office: 501-376-3219 Victims: 800-332-4443
Women & Children First	Can work with fathers and their children as well	●	●	●	●	●	●	●	●	●		
Substance Abuse & Mental Health									Day Centers			
The Centers 501-664-4308 thecentersar.com									Jericho Way 501-916-9859 3000 Springer Blvd Mon - Fri, 7:30a - 2:30p	VA Day Treatment Center 501-244-1900 1000 S Main St Mon - Fri, 7:30a - 2p		
Harbor House Inc. 501-690-1547 / 479-806-0469 recoveryhhi.org									People Trust 501-404-4857 Support for homeless camps & the unsheltered	River City Ministry 501-376-6694 Emergency housing assistance		
Recovery Centers of AR 501-372-4611 rcofa.org									River City Ministry 501-376-6694 1021 E Washington Ave	Our House Career Center 501-374-7383 302 E Roosevelt Mon/Wed/Th 8a - 4:30p, Tues 8a - 7p, Fri 8a - 12p		
Wolfe Street Foundation 501-372-5662 wolfestreet.org									Canvas Community 501-351-1531 1111 W 7th St Faith based org serving people in need			
Additional Resources												
Our House Stability Program Reentry Program 501-374-7383 302 E Roosevelt Rd (Our House) The Stability Program serves homeless & near-homeless families with children in the household for a year commitment The Reentry Program provides services to individuals with barriers from criminal involvement		Better Community Development 501-663-7223 3604 W 12th St Programs and substance abuse treatment for low income and at-risk individuals		Arkansas Food Bank 501-565-8121 Distributing center, call for more information Mon - Fri, 8a - 5p		Goodwill Industries of AR 501-372-5100 7400 Scott Hamilton Dr Adult education, job training, and employment		AR Division of Workforce Services 501-682-2121 Unemployment insurance, employment assistance, TANF Mon - Fri, 8a - 4p				
Partners Against Human Trafficking (PAHTH) 501-993-1641 Victims call 501-301-4357 Day center, emergency transport, and referrals for aged 18+ rescued victims/survivors of sex trafficking, sexual assault, and prostitution		Free Will Baptist Ministries 501-663-3129 3600 W 11th St Serving ages 13 - 17 in the custody of DHS/DCFS		Petluck Food Rescue 501-371-0303 621 W Broadway St Saving good food from being wasted		Safe Harbor 501-374-5399 4800 Springer Blvd Recovery support, housing, job placement, and education						
Union Rescue Mission 501-374-4022 Dorcas House (women): 823 S Park St Nehemiah House (men): 2921 Springer Blvd Faith based organization with 6 - 12 month domestic violence and recovery programs												

Every effort is made to ensure accuracy to this guide. Please visit ourhouseshelter.org/resources for more information.
Updated Jan 2024



LITTLE ROCK LOW-INCOME MENTAL HEALTH RESOURCE GUIDE

PROVIDER	ACCEPTED INSURANCE	ADMISSIONS							ADDITIONAL INFORMATION	CONTACT INFORMATION	
		ADULTS	YOUTH	CHILDREN	INPATIENT	OUTPATIENT	DAY TREATMENT	SCHOOL BASED			
Arkansas State Hospital 305 S Palm St	Most insurance, Medicare, Medicaid	●	●	●	●	●	●	●	Referral from a Community Mental Health Center Call to schedule; additional NLR location	State-operated Inpatient Hospital; Residential for ages 18-20	501-686-9000 (main)
Baptist Health Behavioral Clinic 11321 Mabelvale West #304	Most insurance, no Medicaid	●	●	●	●	●	●	●	Complete online forms at bhsarkansas.org	Comprehensive counseling services	501-487-6010 (main)
Behavioral Health Services of AR 10 Corporate Hill Dr #330	Most insurance & Medicaid	●	●	●	●	●	●	●	Outpatient Counseling Center w/ same day access	Formerly Youth Home; residential is for youth only	501-954-7470 (main) 501-413-9949 (emergency)
Centers for Youth & Families 1521 Merrill Dr Suite E200	Most insurance & Medicaid	●	●	●	●	●	●	●	Outpatient Counseling Center w/ same day access	Can work with clients who do not have insurance	501-666-8686 (main) 888-868-0023 (toll-free)
Centers for Youth & Families 6601 W 12th St	Most insurance & Medicaid	●	●	●	●	●	●	●	Call for admissions	Day treatment available	501-666-8686 (main) 888-868-0023 (toll-free)
Chenal Family Therapy of LR 10800 Financial Center Pkwy #290	Medicare, Medicaid, Most insurance	●	●	●	●	●	●	●	ID, SS Card, insurance card, proof of income required	Medicaid accepted at NLR location (2504 McCain Blvd)	501-781-2230 (main)
CHI St. Vincent Behavioral Health 2 St. Vincent Cir	Most insurance, Medicare, Medicaid	●	●	●	●	●	●	●	Visit hospital or local emergency room for screening	Outpatient currently closed	888-552-5777 (inpatient)
Families, Inc. of Jacksonville 2126 N 1st St Suite F, Jacksonville	Medicaid & Private	●	●	●	●	●	●	●	Must be referred by Primary Care Physician or school	Outpatient program	501-982-5000 (main) 877-595-8869 (toll-free)
Inspiration Day Treatment 11700 Kanis Rd #2	Medicare or Medicaid only	●	●	●	●	●	●	●	Medicare & Medicaid users must provide card	Day & evening treatment programs available	501-221-1941 (main)
JCCSI: Open Hands Clinic 3000 Springer Blvd Suite B	Most insurance, Medicare, Medicaid	●	●	●	●	●	●	●	Healthcare for the Homeless	Additional locations on University and in NLR	501-244-2121 (main) 870-543-2380
Life Strategies Counseling Inc. 1719 Merrill Dr	Most insurance, Medicare, Medicaid	●	●	●	●	●	●	●	Call 866-972-1268 for an appointment	Emergency services available 24/7 at 855-295-1127	501-663-2199 (main)
Living Hope Southwest 10025 Markham St #210	Medicare, Medicaid, Private Insurance	●	●	●	●	●	●	●	Call 501-663-5473 for an appointment	Crisis line available	501-663-5473 (main) 866-544-5473 (24/7)
Methodist Family Health 1600 Aldersgate Rd #200	Most insurance, Medicaid, ARKids	●	●	●	●	●	●	●	Call 501-803-3388 for an appointment	Day treatment schools for children	501-661-0720 (main) 866-813-3388 (toll-free)
Professional Counseling Assoc. 4354 Stockton Dr, NLR	Medicare, Medicaid, Sliding Fee	●	●	●	●	●	●	●	Call for admissions; at-risk youth program available	Emergency services and satellite offices available	501-955-7600 (main) 800-592-9503 (crisis)
Pulaski Co. Crisis Stabilization 3001 W Roosevelt Rd	N/A	●	●	●	●	●	●	●	Call 501-340-6646 for admissions	Alternative to law enforcement. Must volunteer for treatment.	501-340-6646 (main)
Rivendell Behavioral Health 100 Rivendell Dr, Benton	Most private insurance & Medicare	●	●	●	●	●	●	●	Referrals from individual, family, or professional	Free assessments offered 24/7	501-316-1255 (main) 800-264-5640 (toll free)
The Bridgeway 21 Bridgeway Rd, NLR	Most insurance, Medicare, ARKids	●	●	●	●	●	●	●	No cost assessments on site or mobile 24/7	Offers senior care, partial hospitalization, and ECT	501-771-1500 (main) 800-245-0011 (crisis line)
Pinnacle Pointe 11501 Financial Center Pkwy	All insurance	●	●	●	●	●	●	●	Assessment before admission into the program	Outpatient services at 400 Hardin Rd #150	501-223-3322 (main) 800-800-3322 (toll-free)
UAMS Psychiatric Research 4224 Shuffield Dr	Most insurance, Medicare, Medicaid	●	●	●	●	●	●	●	More info on next page	More info on next page	501-526-8100 (main)
Woodland International Research 910 Autumn Rd	N/A	●	●	●	●	●	●	●	Call to enroll in study	Paid psych research studies; free transportation if needed	501-221-8681 (main)



LITTLE ROCK LOW-INCOME MENTAL HEALTH RESOURCE GUIDE

PROVIDER

CONTACT INFORMATION

Suicide Prevention, Crisis Lines & Support Groups

National Emergency Number:

Please dial 911 if you are in immediate danger

Crisis Text Line:

Text **HOME** to **741741** for free, 24/7 support | Serves anyone, in any type of crisis

National Suicide Prevention

Provides 24/7, free, confidential support for people in distress & prevention resources | Call 988 (English and en Espanol) | For Deaf & Hard of Hearing, visit 988lifeline.org

PA.T.H. Human Trafficking Crisis Helpline:

Call 501-301-4357 or 1-888-373-7888

National Alliance on Mental Illness (NAMI):

Visit namiarkansas.org for more information about support groups in Little Rock | 800-844-0381

LGBTQ+ Support

Trans Lifeline:

Call 877-565-8860 | 24/7 service run by trans people for trans & questioning callers

InTRANSITIVE:

Educates and celebrates the Trans Community in Arkansas | @intransitive.AR on Facebook or intransitive.org
307 W 7th St, Little Rock, AR 72201 | 501-508-5005 | Arkansas' only LGBTQ+ specific shelter | Drop in center available

AR Transgender Equality Coalition (ARTEC):

Resources for transgender and gender non-conforming persons | Visit tigetsbetter.org

The Trevor Project:

Crisis intervention & suicide prevention for LGBTQ+ youth | Call 866-488-7386 for the 24/7 Trevor Lifeline | Chat online at thetrevorproject.org or text **START** to 678678 (Mon - Fri, 2 - 9p)

UAMS Psychiatric Research Institute

STRIVE:

School based program providing therapy & medication management | Call 501-771-8261 for an appt.

Child Diagnostic Unit:

The only inpatient program in the state that offers psychological, medical, psychiatric, language, life skills, and motor assessment for children (ages 2 - 12) | Call 501-526-8502 for more information

Walker Family Clinic:

Adult psychiatric evaluation, medication management, neuropsychological testing, as well as psychotherapy for individuals and families | Call 501-526-8200 to schedule an appointment

S North:

Inpatient unit for female patients | Staff available 24/7 | Services include expanded visitation, accommodation for new mothers, and holistic healing | Call 501-526-8100 for more information

Child Study Center (Arkansas Children's Hospital):

Outpatient program providing consultation, assessment, and management for those with psychiatric conditions | Call 501-364-5150 for more information

Support for Military Personnel & Veterans

Veterans Day Treatment Center:

1000 S Main St, Little Rock, AR 72202 | Call 501-244-1900 for more information

Veterans Crisis Line:

Call 988 and press 1 or text 838255 | 24/7 help for veterans in crisis

CAVHS Eugene J. Towbin Healthcare Center:

2200 Ft. Roots Dr, NLR, AR 72114 | 501-257-1000 | Services offered include acute inpatient, dual diagnosis, serious MH illness and ger-psych, MH intensive case management, primary care MH integration, PTSD clinical team, military sexual trauma recovery, MH residential rehab | Visit makehconnection.net/resources/#va-resources to find more VA resources
4300 W 7th St, LR, AR 72205 | 501-257-1000 | Services offered include women's veteran program, evaluations and referrals for mental health issues, post deployment adjustment, anger management, sexual trauma, elder abuse, parenting issues, family stressors, care coordination

CAVHS John L. McClellan VA Medical Center:

OUR HOUSE RESOURCES

AVAILABLE CLASSES

Our House has a rotating monthly schedule of classes that are offered pertaining to mental health, wellness, job training, recovery, and more.

View a schedule of our current classes at ourhouseshelter.org/careercentercalendar

CONTACT INFORMATION

302 E Roosevelt Rd, LR, AR 72206

To learn more and enroll, attend a Career Center orientation by calling (501) 291-0584

This guide is meant to provide information for low-income and under-insured individuals about mental health resources in the Little Rock metropolitan area. Every effort is made to ensure accuracy, but this information may change. For more information or to request changes, visit ourhouseshelter.org/resources. Please visit findtreatment.samhsa.gov for a directory of mental health resources nationwide.

Updated November 2023



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LITTLE ROCK LOW-INCOME SUBSTANCE ABUSE RECOVERY RESOURCE GUIDE

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Baptist Health Recover 9501 Baptist Health Dr BCD: Hoover Treatment Center 3604 W 12th St Behavioral Health Group 4260 Stockton Dr Ste A, NLR Behavioral Health Services of AR 10 Corporate Hill Dr #330 Bradford Health Services 2 St Vincent Cir, Unit 1NW Family Service Agency 628 W Broadway St #300, NLR Gyst House 8101 Frenchmans Ln Harbor House 3700 W 65th St Life Forward Counseling 1100 N University Ave #108 Methodist Family Health: AR Cares 2002 S Filmore St Natural State Recovery Centers 10025 Oakland Dr, North Little Rock Oasis Renewal Center 14913 Cooper Orbit Rd Quality Living Center 3925 Asher Ave RCA - Riverbend 1201 River Rd, North Little Rock RCA - Williamsburg 6301 Father Tribou St Rivendell Behavioral Health 100 Rivendell Dr, Benton Serenity Park 2711 W Roosevelt Rd The Bridgeway 21 Bridgeway Rd, North Little Rock UAMS Center for Addiction 4224 Shuffield Dr Union Rescue Mission 823 S Park St 2921 Springer Blvd	Most insurance, Medicaid, Medicaid Ambetter; BCBS; Payment plans available All insurance; sliding scale for self pay Most insurances; Sliding scale Most insurance, self-pay Self-pay, Medicaid Cash or check Most insurance Most insurance, Self-pay Most insurance, Medicaid, ARKids Most insurance, Ambetter, BCBS Private pay & payment plans None; state funded or self pay Most insurance, Medicare, TRICARE Most insurance Most insurance, TRICARE Medicare, Medicaid, most insurance \$75 - \$80 initial entrance fee	●	●	●	●	●	Free assessment, bring photo ID & insurance card Apply at: bcdinc.org Schedule a consult at: bhgrecovery.com/inquiry-form/ Call for admissions Call for admissions Call for admissions, provides services to youth and adults Call for admissions Call Mon - Fri, 8a - 5p to speak with admissions Call or drop by to schedule an appointment Call 501-803-3388 for admissions Apply online at naturalstaterecovery.com Apply online at: oasisrenewalcenter.com Take a prescreen at: qualitylivingcenterfortreatment.net Apply online at rcofa.org Apply online at rcofa.org ; \$150 - \$170/week all inclusive For 24/7 assessments, call 888-581-5091 Call or apply online at serenityparkrecovery.com Call for admissions; 24/7 assessments offered Call for admissions Dorcas House (women) - Park Nehemiah House (men) - Springer	Detox from opiate, benzodiazepine, alcohol; \$5,500 if out of pocket 8-week outpatient: \$1,600 30-day residential: \$3,500 Outpatient opioid treatment; \$90/wk if no insurance, \$300 first visit ID required Inpatient rehab & extended care available; family program offered ID required Outpatient services available Services for pregnant women Self pay/rates vary, some pro-bono services are offered Program for pregnant women, moms with kids ID required; Outpatient at 3600 Cantrell Rd #303 ID required Transitional living option; payment assistance available ID required; discount on service fees with proof of income Outpatient program and chem free transitional housing Adult dual diagnosis program Medically assisted detox, residential rehab available Medical detox available; partial hospitalization program Methadone - Medicare/Medicaid only; Suboxone - most insurance 9 - 12 month drug & alcohol program, no narcotics	501-202-2893 (main) 501-663-4774 (main) 501-916-9129 (main) 501-954-7470 (main) 501-725-8000 (main) 800-333-1865 (toll-free) 501-372-4242 (main) 501-568-1682 (main) 479-785-4083 (main) 855-631-4648 (toll-free) 501-747-2300 (main) 501-661-0720 (main) 501-319-7074 (main) 501-376-2747 (main) 501-663-3490 (main) 501-372-4611 (main) 501-316-1255 (main) 501-313-0066 (main) 501-771-1500 (main) 800-245-0011 (toll-free) 501-526-8100 (main) 501-526-8400 (clinic) 501-374-4022 (main)



LITTLE ROCK LOW-INCOME SUBSTANCE ABUSE RECOVERY RESOURCE GUIDE

PROVIDER

CONTACT INFORMATION

OUR HOUSE RESOURCES

12 Step Recovery Support Groups

Alcoholics Anonymous Central Office:

7509 Cantrell Rd #106, Little Rock, AR 72207 | Call 501-664-7303 (hotline) or 501-664-6042 (business) for 24/7 assistance or visit arkansascentraloffice.org

AlAnon & Alateen

Visit arkansasalanon.org or 1-888-425-2666 to find a meeting for youth and friends/family

Celebrate Recovery at Metro Worship Center:

2914 S Cumberland St, Little Rock, AR 72206 | Call 501-951-1333 or metroworshipcenter.com

Cocaine Anonymous:

3921 Asher Ave, Little Rock, AR 72205 | Call 501-301-4827 or caarkansas.org for more information

Friends of Recovery Foundation, Inc:

1305 W Markham St, Little Rock, AR 72201 | Call 501-703-6470 for assistance or visit recoverycentral.info to find a meeting

The Kelly Foundation:

2500 Broadway St, Little Rock, AR 72204 | Call 501-663-6553 for more information

Wolfe Street Foundation:

1015 S Louisiana St, Little Rock, AR 72202 | Call 501-372-5662 or wolfestreet.org/meetings

Harm Reduction & Chem Free Housing

Central Arkansas Harm Reduction Project:

Serves people who use drugs & people who are sex workers | Provides free Narcan, condoms, fentanyl test strips, 1-minute HIV tests | Call or text 501-438-9158

RCA - The Cottage at Sibley Hole:

9219 Sibley Hole Rd, LR, AR 72209 | Call 501-372-4611 | Costs \$125/week | Women only

RCA - Williamsburg:

6301 Father-Tribou St, LR, AR 72205 | 501-372-4611 | Costs \$150-\$170/week | Men only

RCA - Steeplechase Apartments:

6225 Father-Tribou St, LR, AR 72205 | 501-372-4611 | Costs \$550-\$600/month | Men and women who have completed treatment

Turning Place:

Call 501-414-0176 | Costs \$150/week, no deposit required | Men only | Must be employed

Support for Military Personnel & Veterans

Veterans Crisis Line:

Call 988 and press 1 or text 838255 | 24/7 help for veterans in crisis

Veterans Day Treatment Center:

1000 S Main St, Little Rock, AR 72202 | Call 501-244-1900 for more information | Provides a range of services to help homeless veterans including health care, case management, substance abuse education, and placement with chem-free housing

CAVHS John L. McClellan VA Medical Center:

4300 W 7th St, Little Rock, AR 72205 | 501-257-1000 | Veteran at risk for serious withdrawal complications can to the Emergency Department | 24 hour access to inpatient hospitalization | Medically managed detox | Average length of stay 5 - 7 days | Provides consult for treatment | Visit makehconnection.net/resources/#va-resources to find more VA resources

CAVHS Eugene J. Towbin Healthcare Center:

2200 Fort Roots Dr, North Little Rock, AR 72114 | 501-257-1000 | Patients with mild to moderate risk of withdrawal complications can go to Ambulatory Detox, Building 170, Unit 3L for evaluation | Walk in access Mon - Fri, 9a - 1p | Average length of stay 3 - 5 days | Evaluates for longer term programs

AVAILABLE CLASSES

Our House has a rotating monthly schedule of classes that are offered pertaining to mental health, wellness, job training, recovery, and more.

View a schedule of our current classes at ourhouseshelter.org/careercentercalendar

CONTACT INFORMATION

302 E Roosevelt Rd, LR, AR 72206

To learn more and enroll, attend a Career Center orientation by calling (501) 291-0584

This guide is meant to provide information for low-income and under-insured individuals about substance abuse recovery resources in the Little Rock metropolitan area. Every effort is made to ensure accuracy, but this information may change. For more information or to request changes, visit ourhouseshelter.org/resources. Please visit findtreatment.samhsa.gov for a directory of substance abuse and mental health resources nationwide.

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