

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-4:30pm <b>Basketball</b>	5:30am-9:00am <b>Basketball</b>	5:30am-4:30pm <b>Basketball</b>	5:30am-9:00am <b>Basketball</b>	5:30am-8:30am 10:15am-9:00pm <b>Basketball</b>	7:00am-8:30 am <b>Basketball</b>	1:00pm-3:00pm <b>Badminton&amp; Table Tennis</b>
6:00am-7:00am <b>Get Fit</b>	6:00am-7:00am <b>Cardio Sculpt</b>	6:00am-6:30am <b>Core Camp</b>	9:00am-10:00am <b>Zumba</b>	6:00am-7:00am <b>Get Fit</b>	7:00am-10:00am <b>Pickle-Ball</b>	3:00pm- 5:00pm <b>Basketball</b>
9:00am-11:00am <b>Pickle-Ball</b>	9:00am-10:00am <b>Zumba</b>		9:00am-11:00am <b>Pickle-Ball</b>		8:30am-9:30am <b>Body Conditioning</b>	<div><h1>Gymnasium Schedule</h1><p>JIM DAILEY FITNESS &amp; AQUATIC CENTER</p></div>
	9:00am-11:00am <b>Pickle-Ball</b>		10:00am-4:30pm <b>Basketball</b>		10:00am-1:45 pm <b>Basketball Games</b>	
	10:00am-4:30pm <b>Basketball</b>			(Activity Room)	10:00am-12:00pm <b>Table Tennis</b>	
	4:00pm-6:45pm <b>Pickle-Ball</b>		4:00pm-6:45pm <b>Pickle-Ball</b>		2:00pm-5:45pm <b>Children's Day</b>	
	5:15pm-6:00pm <b>Total Fit</b>		5:15pm-6:00pm <b>Total Fit</b>			
5:00pm-6:00pm <b>Kettle burn blast</b>	6:00pm-7:00pm	5:00pm-6:00pm <b>Bootcamp</b>	6:00pm-7:00pm			
6:00pm-7:00pm <b>Step Aerobics</b>	6:00pm-8:30pm <b>Table Tennis</b> (Activity Room)	6:00pm-7:00pm <b>Zumba</b>	6:00pm-8:30pm <b>Table Tennis</b> (Activity Room)			
7:00pm-8:45pm <b>Basketball Games</b>	7:00pm-8:45pm <b>Badminton</b>	7:00pm-8:45pm <b>Basketball Games</b>	7:00pm-8:45pm <b>Badminton &amp; Table Tennis</b>	7:00pm-8:45pm <b>Basketball Games</b>	<div></div>	

Classes with more than 20 participants will be conducted in the gym. Schedule can be found online at [www.lrp.org](http://www.lrp.org) or call us at 664-6976.