Our Dental Xtra Program Provides Valuable Benefits to Employers & Employees

For more than 65 years Arkansas Blue Cross and Blue Shield has been a trusted name for health insurance. Our Dental Xtra benefits can help enhance your medical and dental health coverage by providing:

✔ Improved employee total health
✔ Improved employee productivity
✔ Reduced medical costs

The mouth is the doorway to the entire body. Research\(^1\) indicates that conditions such as inflamed or infected gums and tooth decay can cause dramatic health problems.

Good dental health can influence high-cost medical conditions such as diabetes\(^2\), oral cancer, Sjögren’s syndrome\(^3\), coronary artery disease\(^4\), stroke\(^5\), low birth weight\(^6\) and prematurely born babies.

As a leader in integrating medical and dental disease management, we analyze claims information and identify members who can benefit from our Dental Xtra program. This integrated approach can lead to:

✔ Improved employee dental health
✔ Reduced hospital admissions
✔ Reduced physician visits
What do Dental Xtra benefits provide your employees?

At Arkansas Blue Cross, our unique program of outreach, education, and additional benefits for members with targeted medical conditions, integrates our medical and dental programs to do what others can’t, by improving employees’ total health.

We can identify dental members and offer condition-specific benefits to people who have diabetes, coronary artery disease, suffered a stroke, oral cancer, Sjögren’s syndrome, and women who are pregnant.

Dental Xtra benefits are standard for members who have diabetes, coronary artery disease, suffered a stroke, oral cancer, Sjögren’s syndrome and for women who are pregnant. Members with a qualifying condition will receive the following services at no additional charge:

<table>
<thead>
<tr>
<th>Dental Xtra</th>
<th>Prophylaxis (cleanings) or periodontal maintenance* visit every 3 months</th>
<th>Periodontal scaling*, or scaling in the presence of gingival inflammation every 24 months</th>
<th>Pre-diagnostic oral cancer screening**, every 6 months</th>
<th>Fluoride treatment**, every 3 months</th>
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<tbody>
<tr>
<td>Diabetes</td>
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<td>Coronary Artery Disease</td>
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<td>NEW! Stroke (As of January 1, 2018)</td>
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<td>Pregnancy</td>
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<td>Oral Cancer</td>
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<td>NEW! Sjögren’s Syndrome (As of January 1, 2018)</td>
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*Periodontal maintenance and scaling available with plans that offer periodontal benefits.
**This benefit is available for members previously diagnosed with oral cancer or for members diagnosed with Sjögren’s syndrome.

An Arkansas Blue Cross study showed that diabetic and CAD members who seek preventive or periodontal dental services demonstrated lower medical costs.

*We are not implying that dental care is the only factor responsible for the cost differences, but is one of the factors based on the research linking dental and total health.

Dental Xtra benefits for members with certain medical conditions are available. Please ask us for more information.

Visit us at arkansasdentalblue.com or call 1-888-223-4999.

Let Arkansas Blue Cross show what we can do for you.