

L I T T L E R O C K



Parks & Recreation

www.lrpr.org / 501.371.4770

"A City In A Park"

Spring 2019 Youth Program Brochure

THERAPEUTIC RECREATION ~ Recreational Opportunities for individuals with special needs

REGISTRATION NOW OPEN!



Meet the Therapeutic Recreation Staff...



Sherrie Mitchell, CTRS
TR Coordinator



Marshall Dickey
TR Specialist
Camp Director






Janet Shatley
TR Support Staff



Angel Phillips
Receptionist

Registration Information

-  Registration is required for all programs on a FIRST COME, FIRST SERVED BASIS. Register early, programs fill up quickly!
-  Be aware of your program selection... Adults or Youth. If you are still in high school, register for the YOUTH Programs. If you have graduated high school or are over age 21, register for the ADULT programs.
-  Return the completed registration form and payment to:

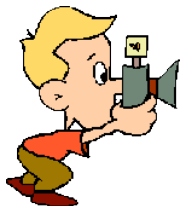


Little Rock Parks and Recreation
Therapeutic Recreation Division
Ottenheimer Community Center
7201 Dahlia Drive
Little Rock, AR 72209

Program Policies

- ⇒ To provide safe and meaningful learning experiences, a 1:4 or 1:5 staff to participant ratio is maintained. If in the opinion of the TR staff, a participant becomes unmanageable and/or potentially dangerous, the guardian will be contacted to pick up the participant.
- ⇒ You must have a Participant Information Form, Liability Release, and Assessment on file with the TR department each calendar year. If you have not submitted one this year, you can find it online at: www.lrpr.org or call to have one mailed.
- ⇒ Payment for all activities must be made in advance unless prior arrangements have been made.
- ⇒ Due to staff: participant ratio, participants must be independent with personal care or provide an aide. For those participants with an aide, you will be required to pay for any fees incurred for the aide and their attendance must be noted on your registration form.
- ⇒ Refunds are considered if the program is cancelled or filled to capacity, if the participant has a verified medical reason or, in the opinion of the TR staff, placement is inappropriate. **However, if it is a ticketed event/outing and tickets have been purchased, there will not be a refund.**
- ⇒ When arriving at a program, participants/parents/guardians are required to sign the participant in and leave a phone number where you can be reached, even if the participant has a cell phone!
- ⇒ If a participant is to be picked up by someone other than the parent/guardian, please notify LRPR staff person prior to the occurrence and have an alternate pick up form on file.
- ⇒ Programs are subject to cancellation if enrollment does not meet minimum requirements.
- ⇒ Fees, times, dates and locations are subject to change.
- ⇒ Many times we have arranged a particular arrival/ start time with the destination, so please arrive at the drop off location on time. We will implement a strict 10 minute leave time from the time listed in the brochure.

***Programs fill up quickly. Registration is on a FIRST COME FIRST SERVED BASIS. On registration form please note the days you are signing up for. We will not be able to accommodate changing days throughout the session.**



We may take photos of participants enrolled in programs or outings. These photos are used only for promotion of our TR services in the form of displays, brochures, videos, flyers and our social media page. Please let us know in writing if you do not want to be photographed.

Our Mission

To improve the quality of life for individuals with disabilities by providing community recreational and leisure opportunities and promoting lifelong skills.

What is Recreational Therapy?

Therapeutic Recreation is a purposeful intervention designed to bring about positive emotional, social, physical or cognitive changes in individuals with disabilities. Interventions are designed to foster independence and develop skills for improved quality of life.

Programs are highly structured, goal oriented opportunities to bring about change while incorporating a participant's individual leisure interests.



The Benefits are Endless....

- Teaches new skills and knowledge
- Builds strong minds and healthy bodies
- Enhances self concept, self esteem and confidence
- Fosters peer relationships and community integration
- Develops life-long leisure skills
- Improves quality of life

The Therapeutic Recreation division of Little Rock Parks and Recreation utilizes trained staff, adapted equipment and community based activities to provide programs that enhance a participant's ability to enjoy recreational, leisure and social settings.



Get Involved!
Have your organization, group or school club provide a booth;
It will only cost you your supplies!
There are also many levels of sponsorships available!

Make plans to attend the
19th Annual Arts Festival!
Friday May 3rd, 2019
10:00 am -1:00pm
Clear Channel Metroplex
FREE Admission

The concept of this festival is to enrich the lives of people with disabilities and their non-disabled peers by encouraging creativity through the arts. The Therapeutic Recreation Arts Festival is a celebration of imagination and innovative activities inspired through the community's resourcefulness.

*Make it and take it Crafts
*Dance Contest
*Hands On Activities
*Climbing Wall
*Photo Booth
*“Magician”
*Face painting
*Concessions

Youth Programs are designed to meet the leisure interests of participants ages 8—18 or that are still in high school.

Participants must be independent in daily living skills and able to be successful within a staff to participant ratio of 1:4 - OR - provide a personal aide. The cost covers expenses of the activity. Unless otherwise noted, you will need to provide money for meals/concessions, if applicable. For participants with an aide, please note that you will be responsible for any fees incurred.

Kids Night Out

Kids night out offers monthly social activities designed to give youth a chance to socialize with friends, while learning to be independent in the community.

Dates:

February 15th Canvas & Cupcakes(6:00p - 8:00p)

March 15th Spring Dance (7:00p -9:00p)

April 26th Traveler's Game (6:00p – 8:30p)

May 10th Movie Night (6:00p – 8:00p)



Cost: \$25.00

Pick up and drop off: Locations will be confirmed prior to outing.

SCHOOL'S OUT!!

Monday & Tuesday, March 18th & 19th

Time for Spring Break! And since schools out, we've decided to get together and have some fun..

Not one. But TWO DAYS ! Locations of outings are still undecided and we are welcoming any ideas you're wanting to try. So come join us for a great time!

Time: 9:00 am– 3:30pm **Cost:** \$20.00

Drop off/Pick up:

Ottenheimer Community Center

****You will need to bring money for lunch****



Our Youth Program is constantly changing in order to provide the most appropriate activities and programs for our participants and their enjoyment. We are looking to add a few "POP-UP" programs throughout the session and will be sending these out through e-mail. Please make sure that we have your current email address. You won't want to miss out on these exciting opportunities!!

Summer Day Camp

Registration is April 8th!

*Call for an application to be mailed to you. 501-570-1131
Or available online @ lrpr.org*

**NO APPLICATIONS WILL BE ACCEPTED BEFORE APRIL 8TH.
Applications only accepted at Ottenheimer Community Center**

Summer Day Camp 2019

Dates: Monday– Friday June 10th-July 19th (subject to change)

Time: 8:30 am-3:30 pm **Location:** TBA

Ages: 8-18 or still in high school **Max:** 20 campers

Cost: \$75.00 for 6 weeks or sign up for individual weeks at \$20.00 per week

*If you are going to be on vacation or attending another camp for a week, please be considerate and do not sign up for that particular week.

Therapeutic Recreation uses education and recreation services to help people with disabilities develop and enhance their quality of life. This day camp is a therapeutic based program that emphasizes fun recreational activities for people with special needs to promote the development of motor skills, social skills, independence and other related areas. This camp is **active** and days are filled with games, swimming, community outings, arts and crafts and more. Due to staff/participant ratio, participants must be independent with personal care or provide an aide.

***Camp applications will be on a first come first serve basis. Space is very limited.**

*This price includes most outings. The camper will need money occasionally.

*Campers will be dropped off and picked up at the designated site each day. We will have activities on site as well as outings in the community. **(make note of this when deciding if this camp is an appropriate setting for your child)**

*Campers will need to bring their lunch each day.

*You will be notified of an accepted enrollment.

*You will be put on the waiting list if that week is full.

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f: 501-570-1139
www.littlerock.gov



Contact Us:

Therapeutic Recreation Coordinator:

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Therapeutic Recreation Specialist:

Marshall Dickey

wdickey@littlerock.gov

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