2019
Little Rock Parks & Recreation
Community Center Directory

Benefits are Endless!
John Eckart, Director of Parks & Recreation
Visit our website jeckart@littlerock.gov
www.lrpr.org (501) 371-4770

Gil Standridge, Recreation Manager
gstandridge@littlerock.gov
(501) 244-5415

Shawanda Robinson, Recreation Program Coordinator
srobinson@littlerock.gov
(501) 371-6855

Follow us for updates, photos, and more information.

Facebook: Little Rock Parks & Recreation

Twitter: @lrparksrec

Instagram: littlerockparksandrec
Mission Statement

To create a meaningful parks and recreation system that provides quality leisure services, promotes the natural environment, local economy and the health of the community and strengthens the diversity of a democratic society.
Benefits of Community Centers

TAKE CARE OF LATCH KEY CHILDREN — EDUCATE
Good news for working parents! Many communities’ parks and recreation agencies provide after school and summer child care.

CONTROL WEIGHT, LOOK BETTER, BUILD STRONG BODIES
Sports participants have significantly lower body mass index values, lower blood pressures, and lower resting pulse rates. The physically fit person is less prone to injury, and is less likely to experience depression.

LOWER CHANCE OF DISEASE — DECREASE INSURANCE PREMIUMS — LIVE LONGER!
Childhood participation in organized fitness and sports programs helps attain higher bone density establishing a strong health base to combat osteoporosis in later life. An estimated 66,000 U.S. deaths from coronary heart disease, colon cancer and diabetes could be prevented annually if one half of the sedentary people became active on a regular basis.

BUILD SELF-ESTEEM
When young people feel good about themselves they operate more effectively and productively in our communities, families and schools. Our programs teach the importance of trust, supportive social interaction and personal challenge while creating valuable life long memories.

REDUCE STRESS — RELAX!
Positive and enjoyable recreation experiences can decrease stress and psychological tensions. Leisure activities provide people with the opportunity to expel energy and emotion not being released in other aspects of their lives.

PROMOTE SENSITIVITY TO CULTURAL DIVERSITY
Social interaction through recreation breaks down unfamiliarity, fear and isolation, and promotes positive contact between different ethnic groups and the broader community. The strength of a community is increased through recreation activities that allow people to share cultural and ethnic differences.
INCREASE COMMUNITY PRIDE — STRENGTHEN NEIGHBORHOOD INVOLVEMENT
Community pride is generated through leisure and park facilities. When communities compare themselves to one another, eager to improve, they almost always evaluate their levels of open space, recreation facilities, and leisure program development.

REDUCE CRIME, DIMINISH GANG VIOLENCE, PROVIDE SAFE PLACES TO PLAY
The bottom line: it costs 100 times as much to incarcerate that to recreate.

MEET FRIENDS — CREATE MEMORIES!
A child develops social skills, problem solving and creativity through early play experiences. The best opportunities are those that are planned and supervised. Physical activity is intellectually stimulating and enhances the learning process and the development of cognitive skills.

LOWER HEALTH CARE COSTS
Physically active older people typically benefit from lower blood pressure, increased muscle strength, joint flexibility, and lower total cholesterol levels than do less active people. Leisure activities can create new social relationships for Seniors.

ENHANCE RELATIONSHIP SKILLS — TEACH VITAL LIFE SKILLS
Afterschool sports, as well as arts and craft classes enlighten children about the concept of team play: Together Everyone Achieves More. Positive conflict resolution is a skill which can be applied all lifelong. Appropriate risk taking, and a healthy sense of competition and sportsmanship can substitute for violent confrontation related to gang activity.
Dunbar Community Center

1001 West 16th Little Rock, AR 72206 (501) 376-1084
Est. October, 1954

Our Staff:
Rochelle Burton, Recreation Facility Supervisor
Carol Bealer, Chenell Tucker, Jeremy Dotson, Recreation Programmer
James Bowen, Doc Sampson, Maintenance
Charles Baird, Activity Supervisor
Nicole Kinnard, Barbara Caffey, Receptionist

Hours of Operation
Monday-Friday
9:00 a.m. - 9:00 p.m.

Facility Amenities
• Exercise Room
• Kitchen
• Game Room
• Meeting Rooms
• Computer Lab
• Arts & Craft Room
• Banquet Hall
• Full court gymnasium
• Senior Center Site location
Southwest Community Center

6401 Baseline Road Little Rock, AR 72206 (501) 918-3974
Est. June, 1994

Our Staff:
Michael Harris, Recreation Facility Supervisor
Ray Kimbrough, Senior Recreation Programmer
Jeffrey Lacey, Kimberly Smith, Recreation Programmer
Keith Jordan, Robert Ford, Maintenance
John Peterson, Activity Supervisor
Brenda Stenhouse, Charlotte Hampton, Receptionist

Hours of Operation
Monday - Friday
9:00 a.m. - 9:00 p.m.
Saturday
8:00 a.m. - 5:00 p.m.

Facility Amenities
- Exercise Room
- Kitchen
- Game Room
- Multi-purpose Rooms
- Computer Lab
- Outdoor Swimming Pool
- Banquet Hall
- Full court gymnasium
- Senior Center Site location
Stephens Community Center

3720 West 18th Little Rock, AR 72204  (501) 603-9974
Est. March, 2001

Our Staff:
Linda Bealer, Recreation Facility Supervisor
Chenell Tucker, Recreation Programmer
Melvin Collins, Maintenance
Evelyn Layne, Activity Supervisor
Jennifer Simmons, Receptionist

Hours of Operation
Monday-Thursday
9:00 a.m. - 9:00 p.m.
Friday
9:00am—6:00pm

Facility Amenities
• Full court gymnasium
• Game Room
• Multi-purpose Rooms
East Little Rock Community Center

2500 East 6th Street Little Rock, AR 72202 (501) 374-2881
Est. 1973

Our Staff:
Susie Matheny, Recreation Facility Supervisor

Hours of Operation
Monday-Friday 9:00am—6:00pm

Facility Amenities
- Full court gymnasium
- Multi-purpose Rooms
- 26 acres of open space with lighted ball fields, playgrounds, basketball courts and picnic areas
The Centre at University Park

6401 West 12th Street Little Rock, AR 72204 (501) 661-1700
Est. 2013

Our Staff:
Gregory Douthard, Recreation Facility Supervisor
Ramona Smith, Fabian Scott, Recreation Programmer
Cleo Clark, Office Assistant III
Donald Webster, Maintenance

Hours of Operation
Monday-Thursday
9:00 a.m. - 9:00 p.m.
Friday-Saturday
9:00 a.m. - 6:00 p.m.

Facility Amenities
- Banquet Hall Deposit: $100.00 (230 ppl.)
- ½ Banquet Hall Deposit: $75.00 (112 ppl.)
- Multipurpose Room Deposit: $50.00 (50 ppl.)
- Meeting Room #1 Deposit: $25.00 (25-30 ppl.)
- Conference Room Deposit: $25.00 (10-12 ppl.)
- Space on Demand No Deposit required (15 ppl.)

Classes, Activities, and Programs are available for adults 25 and above.
West Center Community Center

4521 John Barrow Road, Little Rock, AR 72204 (501) 379-1890
Est. 2016

Our Staff:
Larry Gilmore, Recreation Facility Supervisor
Jeffrey Calaham, Recreation Programmer
Martha Daniels, Receptionist

Hours of Operation
Monday-Thursday
9:00 a.m. - 9:00 p.m.
Friday-Saturday
9:00 a.m. - 6:00 p.m.

Facility Amenities
- Exercise Room
- Game Room
- Classrooms
- Radio Station
- Full court gymnasium w/Concession
- Conference Room
- Banquet Hall w/Kitchen
- Baseball/Football Fields w/Concession
- Senior Center Site location
YOUTH ATHLETICS

Athletics for youth ages 3—17 is an intricate part of our community centers. It is our goal to provide various recreational athletic programs to youth in Central Arkansas. Our leagues promote recreation, sportsmanship, fun, parental involvement, competition and the basic foundation for learning how to play various sports.
Spring Sports

Registration: January—March
Season: April—May

**Soccer** – Primarily devoted to the enjoyment and development of soccer players, we provide an opportunity for participants to have fun, learn the sport and develop life skills. Instructional clinics for both coaches and players are included in registration.

**Track & Field** – The program is designed to expose participants to the basic foundation of an active life: physical fitness, running, jumping and throwing. Participants will compete in a series of track meets and earn an opportunity to participate in the Hershey’s Track and Field Championship Track Meet.

**Junior Hoops** – This competitive basketball league is open to Middle School and High School basketball players. The league allows participants to play with their competitive clubs, friends from other teams and lengthen their basketball seasons with a Tournament Champion crowned at season end.

**Baseball** – An emphasis is placed on fun, teaching of basic skills and fundamentals, team concept and sportsmanship. Community center and additional fees may be required. Instructional clinics for both coaches and players are included in registration.

Summer Sports

Registration: March—June
Season: May—July

**Girls Fast Pitch Softball** – It is our goal to provide girls an opportunity to learn the nation’s fastest growing arena of softball. Participants and coaches will have the opportunity to participate in clinics to learn the fundamentals of fast pitch softball.

**Boys Pitching Machine Baseball** – It is our goal to provide an introduction to baseball. Participants will learn the basic concepts of the game while being introduced to the pitching machine.

**Tee-Ball** – The program is designed to introduce our youngest participants to the Tee-Ball game. The fundamental development focus will focus on hitting, throwing, fielding, batting, and base running.

**Late Night Softball** – It is our goal to provide a fun, challenging league for teens affiliated with YIP, Church and other organized groups to play softball.
FALL SPORTS

Registration: June—September  
Season: August—November

**Cheerleading** – Participants are taught basic fundamentals of cheer including spirit cheers, jumps, tumbling and given the opportunity to cheer at football games. Youth participate in practices and may have the opportunity to compete in cheer competitions.

**Football** – We provide every participant an opportunity to play in a competitive, recreational league with emphasis on safety, fundamental instruction on tackling, running, catching, offense and defense. Participants and coaches will have the opportunity to participate in camps and clinics to assist with game preparation.

**Volleyball** – Youth are given the opportunity to play in one of two divisions in preparation for next level play. The fundamental development focus will be placed on bumping, serving, offense and defense.

WINTER SPORTS

Registration: September—November  
Season: December—February

**Basketball** – Participants are taught basic fundamentals of basketball including shooting, passing, dribbling, offense and defense. The league is open to community center, church and independent teams.

**League Divisions:**

Select Upper & Lower Divisions

Start Smart—Pre-K Ages 3 & 4)
Small Ball—Kindergarten & 1st Grade
Jr. NBA—2nd & 3rd Grade Boys
Jr. NBA—4th & 5th Grade Boys
Jr WNBA—4th & 5th Grade Girls
**Afterschool Programs**

Little Rock Parks and Recreation Afterschool Programs are in session during the school year, from August to June. Our Latch Key Program provides parents an affordable program with structured activities, staff supervision, homework time, athletics, recreational activities, meal, and snack times daily and on days when school is not in session. Other Afterschool Programs Gymnastics, Cooking Class, Karate, Hip Hop Dance and more.

**Cost:** $125.00 per Semester
- **Fall Semester:** August – December
- **Spring Semester:** January - May

**Summer Programs**

**Locations:** Dunbar, Stephens, East Little Rock, West Central Center, Southwest, and various school sites. *This 8-weeks program's objective is to provide for children ages 6-15, a rewarding, enjoyable and safe summer of supervised, organized and worthwhile recreational activities while school is not in session. We will offer a wide range of on-site and field trip activities.*

**Specialty Camps:**
1. Summer Teen Camp (ages 11-15) Teen Activities
2. Summer Laureate Program (6 Week program)

*The non-refundable registration fee is $100 for the first child and $50 for any additional children from the same immediate family that reside in the same household.*
- One Child...$100.00
- Two Children...$150.00
- Three Children...$200.00
- Four Children...$250.00

**Summer Playground Program Information Hotline –** (501) 371-4445

**Summer Playground Program Office –** (501) 371-6858

Register online at: [littlerockparks.onlinesignup.org](http://littlerockparks.onlinesignup.org)  
“Summer Playground Program”
Community Center Special Event

Valentine Sweetheart Party
Breakfast with Santa
Spring Break Blast Week
Latchkey Graduations
Star Student Banquet
End of the School Year Parties
Lights On Afterschool Showcase
Summer Bash Week
Back to School Bash
Halloween Bash
Fall Festival
Latchkey Christmas Banquet
State Parks Field Trips
Commit to Health - Community Centers Health Fair
Basketball Leagues

Dunbar Community Center
- Open Men’s Summer League

Southwest Community Center
- Fall Open Men’s League
- Fall Open Women’s League

Stephens Community Center
- 30 & Over Open Men’s League
- 40 & Over Open Men’s League

Volleyball Leagues

Southwest Community Center
- Open Women’s, Men’s, and Co-Ed League

<table>
<thead>
<tr>
<th>Classes:</th>
<th>Locations:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aerobics Classes</td>
<td>Dunbar Community Center</td>
</tr>
<tr>
<td></td>
<td>Southwest Community Center</td>
</tr>
<tr>
<td></td>
<td>West Central Community Center</td>
</tr>
<tr>
<td>Boot Camp Classes</td>
<td>Dunbar Community Center</td>
</tr>
<tr>
<td></td>
<td>Southwest Community Center</td>
</tr>
<tr>
<td></td>
<td>West Central Community Center</td>
</tr>
<tr>
<td>Zumba Classes</td>
<td>South West Community Center</td>
</tr>
<tr>
<td>Line Dance Classes</td>
<td>Dunbar Community Center</td>
</tr>
<tr>
<td></td>
<td>West Central Community Center</td>
</tr>
</tbody>
</table>
Did You Know??

It is recommended that children and adults should engage in physical exercise for at least 30 minutes a day, five or more times a week, to maintain and improve health.

- Consult your physician before beginning a new exercise routine.
- Always carry a cell phone and identification.
- Take time to warm up or cool down and stretch before and after your walk.
- Invest in a well-fitting pair of shoes with solid support and good tread.
- Dress for the weather. Wear layers if it’s cold and choose loose, light-colored clothing when it’s hot. Protect yourself from the sun by wearing a hat and sunscreen.
- Strengthens Bone,
- Low-Impact lifts Mood
- Improves balance
- Aid weight loss
- Reduce Stress

Get in the Gym or Take it Outside!
AGING & ACTIVE

- Meet Friends
- Socialize
- Bingo, Cards, Dominos
- Health & Wellness
- Watch TV/Movies
- Have Fun
- Exercise
- Arts & Crafts
- Field Trips
- Nutrition
- Music
- Special Activities

For Details Contact:
Karen Johnson at (501) 371-6854

COMMUNITY CENTERS
SENIOR PROGRAMS

Dunbar Community Center
501-376-1084

East Little Rock Community Center
501-374-2881

Southwest Community Center
501-918-3974

Stephens Community Center
501-603-9974
Community Center
Facility Rentals

Our facilities are ideal to host your special events in a warm, friendly atmosphere. Looking for a location for a family reunion, baby shower, anniversary celebration, wedding, reception, church dinner, business meetings, luncheons, corporate celebrations, birthday parties and much more.

Our Banquet Halls or Multi-Purpose Rooms are perfect for intimate settings or events accommodating up to 150 people.

All reservations require a non-refundable deposit and standard agreement. All reservations include tables and chairs.

3 Hour Reservation Minimum

Deposit: Banquet Hall - $50.00
Deposit: Multi-Purpose Room - $25.00

Banquet Hall—$300.00
Multi-Purpose—$150.00
Kitchen Deposit—$50.00
Kitchen—$50.00
The Centre at University Park
Rentals

* 3 hour minimum for all rooms except half banquet hall

---

**Conference Room**
Deposit - $25
Rental Fee - $25 / hour

**Meeting Room #1**
Deposit - $25
Rental Fee - $30 / hour (working hours)
Rental Fee - $40 / hour (after hours)
*Setup/Cleanup - $25 each

**Multipurpose Room**
Deposit - $50
Rental Fee - $50 / hour (working hours)
Rental Fee - $75 / hour (after hours)
*Setup/Cleanup - $30 each

**Banquet Hall**
Deposit - $100
Rental Fee - $90 / hour (working hours)
Rental Fee - $110 / hour (after hours)
*Setup/Cleanup - $60 each

**Half Banquet Hall**
Deposit - $75
Rental Fee - $60 / hour (working hours)
Rental Fee - $90 / hour (after hours)
*Setup/Cleanup - $50 each

**Computer Training Room**
(rented as needed)
Rental rates same as Multipurpose Room

*Computer Not A Part of Rental*

*Optional to Customer*

Only customers renting half or entire banquet hall will have access to Kitchen at no additional cost.

For Questions or to make a Reservation call: (501) 661-1700
Southwest Swimming Pool

Southwest Community Center
6401 Baseline Road
501-918-3974

- Open Recreational Swim
- Swimming Lessons
- Kid’s Pool
- Swim Exercise Classes
- Diving Board
- Lane Swimming
- Available for Rentals
CITY OF LITTLE ROCK
BOARD OF DIRECTORS

Mayor Frank Scott
Vice Mayor B.J. Wyrick, Ward 7
Erma Hendrix, Ward 1
Ken Richardson, Ward 2
Kathy Webb, Ward 3
Capi Peck, Ward 4
Lance Hines, Ward 5
Doris Wright, Ward 6
Dr. Dean Kumpuris, Position 8
Gene Fortson, Position 9
Joan Adcock, Position 10

City Manager, Bruce T. Moore
Assistant City Manager, James Jones

City of Little Rock
Mission Statement

Little Rock’s vision is to be a leading city of the 21st Century by providing a safe and supportive environment that empowers its citizens, neighborhood neighborhoods, and businesses to develop and prosper.