Taking Steps to End Domestic Violence

Domestic violence is about overpowering and controlling a partner in an intimate relationship. Abusers are driven by anger and jealousy and force their victims into submission with physical, emotional, and psychological battery. Victims suffer from injury, isolation, damaged self-esteem, and so on, but often feel they cannot leave the relationship.

Domestic violence is pervasive and serious. Worldwide statistics show that severe domestic violence affects one in four women and one in seven men. In the last 12 months, Little Rock has had nine fatal domestic-related shootings.

Little Rock has helpful resources available. The LRPD Victim Services help line, 501-918-4357, is answered during business hours, and the local domestic violence hotline, 1-800-332-4443, is always answered. In addition, there are many shelters.

A domestic violence forum, hosted by the Center for Healing Hearts and Spirits and the Little Rock Police Department, will provide information on the signs of domestic abuse, the process of getting protection orders, and the services offered by Victim Services. The forum is open to the public and will be held at the Willy Hinton Neighborhood Resource Center on October 23.

Victim Services has expanded to better serve violent crime victims. On October 1, with the aid of an AR Dept. of Finance VOCA (Victims of Crime Act) grant, Victim Services grew from three to nine staff members, including one dedicated domestic violence detective, one dedicated domestic violence staff member, one dedicated LGBTQI and elderly staff member, and one limited-English-proficiency specialist. By January 1, 2020, Victim Services will also utilize volunteers to cover projects, from photocopying to accompanying victims to court. Victim Services has created a “soft room” for interviewing traumatic crime victims, as well. Soft lighting, comfortable seating, clean blankets, non-suggestive artwork, tissues, fidget spinners, and bottled water all help calm distressed victims and assist them in giving coherent statements.

Anyone can become a victim, females and males, children, adults, and the elderly. The first steps to ending domestic violence are asking for help and sharing resources.

FROM THE DESK OF CAPTAIN HASKINS

Domestic violence is a silent suspect and impacts everyone in our community. We rarely talk about it, despite having the entire month of October dedicated for awareness. An abused person’s ability to succeed in life at home, school, work, and within the community can be altered by the toxic stress. Individuals who reside in these situations typically develop unhealthy habits and changes in their emotional behavior, which often leaves them preoccupied with how to manage these dangerous situations. Even those who witness domestic violence are impacted in some way. Early interventions from family, friends, and concerned acquaintances can help victims during these difficult periods. I hope you will share in my concern for victims and the most vulnerable—children, aging adults, and disabled persons. Stop by the 12th Street Station for a purple awareness ribbon this month (while supplies last) and information on how to overcome domestic violence. Or call LRPD’s Victim’s Service Unit at 501-371-HELP (4357).

As always, please invite us to your next event by emailing chaskins@littlerock.gov. This month we Danced in the District with the University District, visited historical locations in the South End Neighborhood on bicycle patrol, and stopped by Theressa Hoover United Methodist Church (our neighbor) for a Stop the Violence event.

Departmental Social Media and Website Information
Instagram: @littlerockpolicedepartment
Facebook: Little Rock Police Department
Twitter: @LRpolice
Websites:
https://citizenconnect.littlerock.gov/
www.buildabetterblue.com
www.littlerock.gov/for-residents/police-department/

Tip Lines
Department and local tip lines provide anonymity for residents, students, and business personnel reporting criminal activity and aid the law enforcement process with accumulated intelligence and information.

Tip Line Numbers:
LRPD 501.371.INFO (4636)
12th Street (Property Crimes) 501.404.3119
Narcotics and Vice Unit 501.918.3800
Crime Stoppers 501.340.8477
SAFETY STRATEGIES FOR DOMESTIC VIOLENCE VICTIMS

PERSONAL SAFETY WITH AN ABUSER

- List the cues that your partner is escalating so you have a way to evaluate when the situation may become dangerous.
- Try to move to areas of the house where there are no weapons and there are ways of escape if arguments occur.
- If violence is unavoidable, make yourself as small a target as you can; dive into a corner and curl up into a ball with your face protected and your arms around each side of your head, fingers entwined.
- Do not run to where your children are as your partner may hurt them as well or use them to threaten you.
- If possible, have a phone accessible at all times. Even cell phones that aren’t activated with a service can be used to call 911. Keep the battery charged.
- Teach your children how to get help. Instruct them not to get involved in the violence between you and your partner.
- Keep weapons, like guns and knives, locked up and as inaccessible as possible.

GENERAL GUIDELINES FOR LEAVING

- You may request a police stand-by or escort while you leave.
- Take a list of phone numbers and other important items, including:
  - Driver’s license
  - Medication
  - Checkbooks and information about bank accounts and other assets
  - List of your credit cards or the credit cards themselves
  - Pay stubs
- If possible, also take
  - Copies of marriage license, birth certificates, will, and other legal documents
  - Verification of social security numbers
  - Citizenship documents (passport, green card, etc.)
  - Titles, deeds, and other property information
  - Welfare identification
  - Medical records
- Create a false trail. Call motels, real estate agencies, schools in a town at least six hours away from where you will actually relocate. Ask questions that require a call back in order to leave numbers on record for your abuser.

GETTING READY TO LEAVE

- Keep any evidence of physical abuse, such as pictures, etc., in a safe place that is accessible for you.
- Tell someone you trust what is happening to you.
- If you are injured, go to a doctor or an emergency room and report what happened to you. Ask that they document your visit.
- Plan with your children and identify a safe place for them (for example, a room within your home that has a lock or a friend’s house where they can go for help). Reassure them that their job is to stay safe, not to protect you.
- Keep a journal of all violent incidents involving your abuser, those aimed at yourself and at others.
- Make a plan for how you will escape and where you will go.
- Pack emergency money and a set of clothes for yourself and your children and store them at a trusted friend’s house. Try to avoid using next-door neighbors and mutual friends.
- Learn about laws and resources available for you.

12 MILLION PEOPLE PER YEAR are victimized through physical domestic violence in the U.S. That’s 24 PEOPLE PER MINUTE.

EMOTIONAL ABUSE (or physiological aggression) affects 48.4% of all women and 48.8% of all men.

Intimate-partner violence affects 3 in 10 women and 1 in 10 men.

81% of domestic violence survivors experience PTSD.

Severe violence affects 1 in 4 women and 1 in 7 men.
DATES AND DETAILS

National Night Out
Tuesday, October 1
Details on page 5

Coffee with a Cop
Wednesday, October 2 at 8 a.m.
McDonalds at 6th and Broadway

Quarterly Meeting
Friday, October 11 at 6 p.m.
12th Street Station

Hillcrest Harvest Fest
Saturday, October 12
11 a.m. to 9 p.m.
Hillcrest Historic District

Chat with Clergy Meeting
Tuesday, October 22 at 2 p.m.
12th Street Station

Domestic Violence Forum
Wednesday, October 23
9 a.m. to 1 p.m.
Willie Hinton Resource Center
3805 W. 12th Street
Register: 501-372-3800

Cornbread Festival
Saturday, October 26
10 a.m. to 5 p.m.
1608 South Main Street

AR Drug-Take-Back Day at Synergy
Saturday, October 26
9 a.m. to 1 p.m.
400 President Clinton Ave.

Little Rock Police Unity Ball
Saturday, March 28, 2020
Tickets: lrpolicefoundation.org

Domestic violence awareness ribbons are available at the 12th Street Station
Police personnel celebrated a young police fan with a surprise birthday party at David’s Burgers on Bowman.

COP Officers Marquis Goodlow and Lisa Nava and Lieutenant Dyer attended Wright Avenue Neighborhood Association’s Movies on the Boulevard.

12th Street COP officers on bike ride in Southend Neighborhood tackled the hill at 34th Street and Whitmore Circle. Officers made stops at the MLK Legacy Center, 3012 West MLK Blvd., and at the home of Daisy Bates on 1207 West 28th Street.

Officer Jesse Hampton in the River Market with Word of Outreach Christian Academy Daycare, Officer Jesse Hampton presents Citizen’s Achievement Award, COP Officer Lisa Nava receives Police Shield Award, and Officers Lisa Nava, and Marquise Goodlow prepare to lead the ride at the Bike with a COP event.
<table>
<thead>
<tr>
<th>Neighborhood Association</th>
<th>Location</th>
<th>Time (Activity)</th>
</tr>
</thead>
<tbody>
<tr>
<td>East Little Rock Neighborhood Association</td>
<td>2500 E. 6th Street</td>
<td>5:00 to 7:00 p.m. (Community Awareness Party)</td>
</tr>
<tr>
<td>Pettaway Neighborhood Association</td>
<td>Pettaway Park, 500 E. 21st Street</td>
<td>5:00 to 7:00 p.m. (Party in the Park)</td>
</tr>
<tr>
<td>Midtown Neighborhood Association</td>
<td></td>
<td>Community Awareness Party cancelled by the association</td>
</tr>
<tr>
<td>Fair Park Neighborhood Association</td>
<td></td>
<td>Community Awareness Party cancelled by the associations</td>
</tr>
<tr>
<td>South End Neighborhood Association</td>
<td>William E. Thrasher Boys Club, 3301 S. State Street</td>
<td>4:00 to 7:00 p.m. (Community Awareness Party)</td>
</tr>
<tr>
<td>Capitol View Stifft Station Neighborhood Association</td>
<td>3107 W. Capitol Avenue</td>
<td>5:30 to 7:30 p.m. (Block Party)</td>
</tr>
<tr>
<td>Wright Avenue Neighborhood Association</td>
<td>Willie Carpenter / Resource Specialist Supervisor</td>
<td></td>
</tr>
<tr>
<td>Central High Neighborhood Association</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Capitol Hill Neighborhood Association</td>
<td>Location: Centennial Park, 1501 Battery Street</td>
<td>5:00 to 7:30 p.m. (Community Awareness Party)</td>
</tr>
<tr>
<td>South End Neighborhood Resource Center</td>
<td>Arnuard Crump/ Resource Specialist</td>
<td></td>
</tr>
<tr>
<td>Willie Hinton Neighborhood Resource Center</td>
<td>Freddie Davis / Resource Specialist</td>
<td></td>
</tr>
<tr>
<td>Stephens Area Faith Neighborhood Association</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Love Neighborhood Association</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hope Neighborhood Association</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Forest Hills Neighborhood Association</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goodwill Community Neighborhood Program</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pine to Woodrow Neighborhood Association</td>
<td>Location: Willie Hinton Resource Center, 3805 W. 12th Street</td>
<td>5:30 to 7:30 p.m. (Community Awareness Party)</td>
</tr>
</tbody>
</table>

**PUBLIC NOTICE**

The Little Rock Police Department is scheduled for an assessment by the Commission on Accreditation for Law Enforcement Agencies, Inc. (CALEA) and as part of the process invites comments from agency employees and members of the community in relation to policy and procedures, administration, operations, and support services.

Agency Employees and members of the community may address their comments directly to the assessment team on **Tuesday, October 15, 2019**:

- By calling (501) 371-4591 between 2 p.m. and 4 p.m., or
- At a public information session at The Center at University Park, 6401 West 12th Street at 6 p.m.

All comments will be limited to 10 minutes in length and must address the agency’s ability to comply with CALEA standards. A copy of the standards manual is available for review at the Little Rock Police Department, Headquarters Building located at 700 W. Markham Street.

Written comments may be mailed to: Commission on Accreditation for Law Enforcement Agencies, Inc. (CALEA), 13575 Heathcote Boulevard, Suite 320, Gainsville, Virginia 20155.
WE NEED YOU!!!

WHO? Camp Alliance Kids In Drill Program partnered with AmeriCorps

WHAT? 11 month service opportunity to give interventions to military youth at a 2 day once a month drill weekend camp; participate in other state events during the fiscal year

WHEN? October 15, 2019 - August 31, 2020

WHERE? Camp Robinson, 8100 ARNG Building, Little Rock, AR

WHY? Did you know YOU CAN MAKE A DIFFERENCE in a military youths’ life? The Camp Alliance Kids In Drill program partnered with AmeriCorps will provide much needed support to our country’s national guard and military members who have committed their time and lives to service.

PERKS...
Blivweekly living allowance
54266.50 Segal Ed Award
Student Loan Forbearance
AmeriCorps Member Alumni

Find more info at CAMPALLIANCEINC.ORG

Tickets on sale now! Go to lrpolicefoundation.org
Hillcrest

Incidents
- Aggravated Assault
- Commercial Burglary
- Residential Burglary
- Auto B & E
- Stolen Vehicle

Hope NA

Incidents
- Aggravated Assault
- Individual Robbery
- Auto B & E
- Stolen Vehicle
Wright Ave

Incidents
- Homicide
- Aggravated Assault
- Individual Robbery
- Commercial Burglary
- Residential Burglary
- Auto B & E
- Stolen Vehicle