

City of Little Rock Employee Benefits

THINGS YOU NEED TO KNOW

- If you have questions about the benefits that you are enrolled in go to www.littlerock-benefits.com. You will find links to plan summaries there.
- The deadline to get your Annual Preventative Exam has been extended to **July 31, 2020**. If you fail to get your exam before the deadline you will be charged \$50 a month.
- The City of Little Rock's United Healthcare Medical Plan has expanded access to care and support for a limited time:
 - ✓ A special enrollment opportunity to allow employees who did not opt in for coverage during the regular enrollment period to get coverage. The enrollment period will be open from March 23, 2020, to April 6, 2020.
 - ✓ Suspension of prior authorization requirements to a post-acute care setting through May 31, 2020.
 - ✓ Suspension of prior authorization requirements when a member transfers to a new provider through May 31, 2020.
 - ✓ United HealthCare will waive cost-sharing for COVID-19 testing provided at approved locations in accordance with the CDC guidelines. In addition, the company will waive cost-sharing for COVID-19 testing related visits, whether the care is received in a physician's office, a telehealth visit, an urgent care center or an emergency department.
 - ✓ Telehealth gives you access to health care providers from the comfort of your home through digital audio-visual technologies, such as FaceTime, Skype, Zoom or dedicated telehealth applications. Cost-sharing for Telehealth will be waived through June 18, 2020.
 - ✓ Early prescription refill may be requested through your local pharmacy.
 - ✓ **Get emotional support:** In a stressful time, it can be hard to cope. Talking to someone can help.
 - **Emotional support line** is here for you to call any time at 866-342-6892. This 24/7 Optum Help Line is staffed by professionally trained mental health experts. It is free of charge and open to anyone.
 - **On-demand emotional support** is also available to you through Sanvello, a free mobile app that can help you cope with stress, anxiety and depression during the COVID-19 pandemic. The App is available in your App Store.

You can access information at www.myunc.com or [United HealthCare Expanded Access](#).

- Pension Statements for DB14 have arrived. They will be delivered to Department Directors to be distributed to employees.
- Purchase Service information for the Defined Benefit Pension will go out via email **Monday March 30, 2020**.